

WAXING POST TREATMENT/HOME CARE

To ensure maximum comfort and benefit after your waxing treatment, it is important to follow the steps below at home:

- ★ Avoid applying heat to the waxed area for 12 to 24 hours. This includes hot baths, sauna, steam rooms, heated vehicle seats, exercising or sexual activities. These can cause sweat and bacteria to enter the open pores and follicles leading to a bacterial breakout as whiteheads.
- ★ If breakouts occur use an anti-acne lotion for face, back, chest and brazilian areas following the waxing and twice a day until breakouts are gone. Use only an anti-acne product recommended by your skin care professional unless you are allergic to the ingredients.
- ★ Avoid suntanning for 12 to 24 hours. This includes any strong ultraviolet (UV) light exposure or tanning bed or booth treatments.
- ★ Avoid applying highly fragranced products to the waxed area. This includes perfumes, scented body lotions, anti-perspirants, deodorants, cosmetics or feminine hygiene sprays. Only use professional products recommended to you by your skin care professional who performed the waxing service.
- ★ Avoid using harsh abrasives or exfoliants in the waxed area. However, if you are prone to ingrown hairs, exfoliate the newly waxed area with a loofah or scrubby glove the day after your waxing service to avoid future problems.
- ★ Avoid applying high SPF sunblocks to the waxed area for 12 to 24 hours after the waxing service. Sunscreen chemicals can be irritating to the newly waxed skin. This includes self-tanning products and tan accelerators.
- ★ Any pinking of the skin should disappear within 6 to 8 hours after the waxing treatment. Slight pinking is normal and indicates the hair was removed from the root, rather than superficially broken off, as in shaving. This is the reason professional waxing lasts so much longer.

For best results, repeat your professional waxing service or after care at home. Please do not hesitate to call your skin care professional with any concerns.

Client Signature:_____Date:_____

Client Print Name:_____

Skin Care Professional:_____LMEst., LMT, CMCP